

GECAC TRI-BORO SENIOR CENTER

7555 West Ridge Road, Fairview, PA 16415 – Phone: (814) 474-2211

Open Tuesday through Friday from 9:00am-3:00pm

Alex Celeski, Senior Center Director

Taylor Billings, Senior Center Assistant & VOLUNTEERS like YOU!

FEBRUARY 2026

UPCOMING EVENTS

(see Pages 2 & 4 for more details) :

- VALENTINES DAY PARTY!
- SENIOR MEET UP at UNION CLUB OF ERIE!
(this was postponed last month due to weather)
- FLOOR REMODELING CONTINUES!
- GUEST SPEAKER: JOHN RAINEY RETURNS
- TABLETOP BOWLING & MUCH MORE!

MEAL CONTRIBUTIONS

An anonymous \$2.00 contribution is encouraged per visit (see Pages 2 & 3 for more details).

WHAT WE OFFER

- Lunch (Tuesday-Friday)
- Arts & Crafts (Every Tuesday at 10:15am)
- Bingo (Wednesdays and Thursdays)
- Tai Chi (Every-Other Wednesday at 11:00am)
- Greenhouse (Year-round) & Farmers' Markets (Summer)
- Guest Speakers & Therapy Dogs (see Page 4's calendar)
- Parties, Events, & Meet Ups AROUNDERIE COUNTY!
- PA Medi (Medicare) Counseling Appointments



Join our Private Facebook Group!



SEARCH FOR AND REQUEST TO JOIN

"GECAC TRI-BORO SENIOR CENTER"

(be safe and ask for help, where needed).

HOW YOU CAN HELP

- **Volunteer!** (Ask us about our RSVP Program!)
- Cans of Soda (Diet, Regular, Zero Calorie)
- Snacks (Party-size bags or pre-packaged)
- Greeting Cards (Birthday, Get Well, etc.)
- New Batteries (AA, AAA, C, D, 9-Volt)
- Art Supplies for Crafts or our TSC Yearbook
- Crocheting for **Project Linus** & **Purple Threads of Hope**
- Invite your friends to Tri-Boro or a Senior Meet Up
- Donations to our Booster Fund (a.k.a. FUN FUND)

Monthly **MEDICARE MINUTE** and other **HELPING SERVICES** are on **PAGE 2**

Have questions about **GECAC senior services?**



GECAC SENIOR HELPLINE: If you are in need of In-Home Services, Meals on Wheels, Older Adult Protective Services, Support for Caregivers, or PA-MEDI, call **(814) 459-4581 ext. 400**

Project Linus



"Providing Security Through Blankets"

Thank you to our volunteers crocheting and donating materials for both

Project Linus & **Purple Threads of Hope.**



The GECAC Tri-Boro Sr. Center, Operated by Greater Erie Community Action Committee (GECAC), Area Agency On Aging, is funded in part by PA Department of Aging.

Dr. Ben D. Wilson, GECAC CEO

Ray Maholtz, Director, Erie County Area Agency on Aging

All seniors (age 60 or older) living in any part of Erie County, PA may utilize this center's services.





UPCOMING EVENTS

Welcome to February, Tri-Boro Members!

This month we celebrate Valentine's Day with a party on Thursday Feb. 12th, we have our flooring remodel completed on the week of President's Day (we will be closed from Feb. 16th to Feb. 20th), and we enjoy the return of many guest speakers!

John Rainey will return this month to complete his portion of the Mass Shooter Safety presentation which Tom Wager started for us in 2025, and our good friends at Adagio Health return with their super fun and delicious healthy food demonstrations (complete with taste testing)!

Also, learn about Wills with Attorney Grant Yochim on the last Friday this month (after lunch).

...Stay golden, Tri-Boro! YOU are the party.

-Alex Celeski 

How do your donations and fundraising dollars help our center?

Meal Donations ("FOOD" bin at sign-in station) help to offset the cost of meals. On average, the actual cost of the meal is over \$9.00. Meal donations also help to maintain kitchen appliances and other emergency repair costs. All donations of any kind are greatly appreciated.

Booster Donations / Fundraising Dollars ("FUN" bin at sign-in station) help to pay for parties, snacks, entertainment, Tai Chi classes, guided meditation sessions, and more. They also help to pay for various programming opportunities and related expenses.

These dollars are vital to your programming options and enjoyment of the Center.

Donations and Fundraisers are all voluntary. However, please continue to support your Center by whatever means you are able. Our Senior Centers and their services mean so much to so many seniors. Your support goes a long way towards helping your Center continue to offer programming and services.



LUNCH INFO

LUNCH IS SERVED @ 12:00pm/NOON

FOR SENIORS 60 YRS & OLDER.

A \$2.00 DONATION IS ENCOURAGED.

PLEASE SIGN UP FOR MEALS

TWO WEEKS IN ADVANCE.

*HOLIDAY PARTIES REQUIRE

PRE-PAID TICKETS*

Tuesdays:

Crafts with Kerry @ 10:15am

Wednesdays:

Tai Chi @ 11:00 (alternating)

Bingo @ 11:30am (11:15 cutoff)

Thursdays:

Chocolate Bingo @ 9:30am

Arthritis Exercise @ 10:30am

Magic Bingo ASAP after lunch



THE MEDICARE MINUTE

2026 Medicare Changes and the Medicare Prescription Payment Plan

The biggest news in 2026 is that the Part B Premium cost jumped up to \$202.90 a month, and the Annual Deductible went up to \$283.

In 2025, the Part D Out of Pocket cap dropped to \$2,000. In 2026, that cap is now \$2,100.

Do you recall hearing about the doughnut hole? When the spending cap was reduced, the doughnut hole, or coverage gap, went away. Individuals who will find themselves reaching the \$2,100 cap in 2026, or have otherwise difficult to manage prescription costs, can consider the new in 2025, Medicare Prescription Payment Plan. This is for individuals with a Part D stand alone plan, or Part D coverage in their advantage plan.

The Medicare Prescription Payment Plan (PPP) is a voluntary option that allows prescriptions costs to be spread out over several payments. With this plan, payments are not made to the pharmacy, instead, your Part D plan bills monthly. The monthly installment payments may go up or down based on spending, however, they help by reducing big payments to smaller more manageable payments. Your plan will calculate your monthly payments as you fill prescriptions.

This voluntary option can be elected only by contacting your Part D plan provider. For more information in understanding PPP, call your plan, or call you local PA MEDI Office.

**GECAC Erie Area Agency on Aging
814-459-4581 Ext. 400**

SOME HELPING SERVICES IN ERIE COUNTY:

The EMTA Senior LIFT.....814-456-2299

Fairview Fire & Rescue.....814-474-5091

The Independent Council on Aging.....814-835-7485





TRI-DOKU

(Our monthly **Sudoku** game!):

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | | 9 | | 3 | 7 | 6 | | |
| | | | 6 | 1 | | 7 | | |
| | 3 | 6 | | | 8 | 4 | 1 | |
| 9 | 4 | | | | 1 | 8 | | |
| | 6 | | 7 | 4 | | | | 5 |
| 3 | | | | | | | | |
| 2 | 9 | | | 7 | | 3 | 6 | 1 |
| 6 | | 3 | | | 2 | | | 7 |
| | 7 | | | | | 2 | | |

OUR GENERAL

PROGRAMMING HOURS

Our **general programming** hours are essentially hours without set-events or guest speakers. However, they are great hours for socializing over coffee with other seniors or utilizing our center's other features at your leisure!

These other features include:

- Computer & WiFi Internet Access
- Treadmill (**must** sign form)
- Shuffleboard & Tabletop Bowling
- Arts & Crafts (we have many crafting materials which are free to use any time outside of our scheduled crafts)
- Crocheting Blankets (This includes those donated to **Project Linus—stop inside for more details**).
- Play a tune on our Electric Organ!
- Board Games & Card Games
- A Selection of 300-Plus-Piece Puzzles
- **Greenhouse** and/or **Volunteer Work**

Sudoku Rules

- You can use only numbers from 1 to 9.
- Each 3×3 block can only contain numbers from 1 to 9.
- Each vertical column can only contain numbers from 1 to 9.
- Each horizontal row can only contain numbers from 1 to 9.
- Each number in the 3×3 block, vertical column or horizontal row can be used only once.
- The game is over when the whole Sudoku grid is correctly filled with numbers.

MONTHLY JOKE

How did the barber win the race?...

...He knew a short cut.



BIRTHDAYS

- Thurs 2/12: Harry Rudd
- Thurs. 2/19: Betty DeFelice
- Sun. 2/22: Joan Koivisto
- Sat. 2/28: Rosalie Hanks
- **Birthday Dessert w/ lunch on Tuesday February 24th (ice cream sundaes!)**



(\$ COFFEE PRICES & MORE (\$)

During all hours of operation, our center offers:

- **A FREE snack bag per-day** for each senior.
- **Coffee** (regular or decaf) for 50 cents per cup.
- **Soda** (diet, regular, or zero calorie) for \$1.00 per can.
- **Styrofoam To-Go Boxes** are free of charge, **BUT** you must sit with us for a congregated meal to take leftover food home, and all boxes must be dated.
- **Bingo Daubers** for sale at \$1.00 each.
- **Christmas-Cactus Seed Starters** at \$3.00 each.



TRI-BORO'S FEB. '26 LUNCH MENU & EVENTS

(Always Subject To Change ~ Check Local Weather Reports for Closures)

Senior Meet Up at The Union Club of Erie!

(3828 Washington Ave, Erie, PA 16509)

Rescheduled to **Monday February 16th at 11:30am!**

FREE soda/coffee/tea with meal purchase + Cornhole FreePlay!



Valentine's Day Party on Thursday February 12th!



\$10.00 per person (due Tues. 2/10)

| | Tue. | Wed. | Thurs. | Fri. | |
|---|--|---|--|--|---|
| C L O S E D O N M O N D A Y S | 3. Sausage Sub 9-10 Project Linus Crocheting 10:15-11:15 Arts-&-Crafts w/ Kerry 12-12:30 Lunch 12:30-3 Rummikub FreePlay | 4. Ox Roast 9-11 General Programming 11:30 Bingo 12-12:30 Lunch 12:30 SPEAKER: Adagio Health's Anna & Tighe TOPIC: Healthy Food Demonstration | 5. Stuffed Cabbage 9:30 Chocolate Bingo (FREE) 10:30 Arthritis Exercise 12-12:30 Lunch 12:30-1:30 Magic Bingo 1:30-3 Rummikub FreePlay | 6. Tuna Salad 9-10:30 General Programming 10:30 Wii Bowling on TV 12-12:30 Lunch 12:30-3 Rummikub FreePlay | C L O S E D O N S A T & S U N |
| | 10. Grilled Chicken Breast LAST DAY TO BUY PARTY TICKETS (\$10/each) 9-10 Project Linus Crocheting 10:15-11:15 Arts-&-Crafts w/ Kerry 12-12:30 Lunch 12:30-3 Rummikub FreePlay | 11. Goulash 9-11 General Programming 11-11:30 Tai Chi 11:30 Bingo 12-12:30 Lunch 12:30 Music Bingo with Katie from LIFE NWPA ~ Romance Songs Edition | 12. VALENTINE'S DAY PARTY! Lunch: Chicken Parm Dessert: Chocolate Cake 9:00 Free Donuts & Coffee 10:30-11:30 Live Music by Rich Wiler 12:00 Lunch + Dessert 12:45 Prize Bingo + Drawings & A VISIT FROM THERAPY DOG (ANNE!) | 13. Chicken Fettuccine Casserole 9-11:45 General Programming 10 Yahtzee Game 12-12:30 Lunch 12:30-3 Rummikub FreePlay REMINDER: Senior Meet Up at the Union Club on Monday Feb. 16th at 11:30am! | |
| | 17. CLOSED for FINAL FLOOR REMODEL | 18. CLOSED for FINAL FLOOR REMODEL | 19. CLOSED for FINAL FLOOR REMODEL | 20. CLOSED for FINAL FLOOR REMODEL | |
| | 24. Chicken Legs + Birthday Ice Cream 9-10 Project Linus Crocheting 10:15-11:15 Arts-&-Crafts w/ Kerry 12-12:30 Lunch 12:30 SPEAKER: John Rainey TOPIC: More Info on Mass Shooter Safety | 25. Country Fried Steak 9-11 General Programming 11-11:30 Tai Chi 11:30 Bingo 12-12:30 Lunch 12:30-3 Rummikub FreePlay | 26. Chicken & Noodles 9:30 Chocolate Bingo (FREE) 10:30 Arthritis Exercise 12-12:30 Lunch 12:30-1:30 Magic Bingo 1:30-3 Rummikub FreePlay | 27. Stuffed Pepper 9-11:45 General Programming 10:30 Tabletop Bowling on Shuffleboard Table 12-12:30 Lunch 12:30 SPEAKER: Grant Yochim TOPIC: Writing Wills PRETZELS & MUSTARD FOR SALE WHILE THEY LAST (\$2.00 EACH) | |